# **BIRKMAN INSIGHTS**



## HOW YOU APPROACH JOB INTERVIEWS

The following statements are generated from your Component Usual, Component Need and Component Stress scores. Carefully read each statement and check the ones that are most significant to you. Remember, a statement appears because it may be significant for you, not because it is significant. Only you can decide which statements are most relevant to you.

### SECTION A: When you are at your best in the interview

- You respond directly and unselfconsciously to questions
- You are most comfortable when the interview follows a structured format rather than being casual or informal
- You are not afraid to express your differences with the interviewer
- You are not afraid to discuss remuneration issues, particularly where these are related to competitive achievement
- You are likely to come across in the interview process as an energetic candidate
- igodow You may well address two or more topics at the same time during the interview process

#### SECTION B: When you are less at ease in the interview

- You can be too direct and straightforward
- You may fail to respond adequately to social cues in the interview process.
- You may become unexpectedly domineering, particularly if annoyed by some aspect of the interview
- You may appear overly eager when money matters are raised
- You may start addressing another topic before fully answering the question that was asked

#### **SECTION C: Preparing for the interview**

Practicing with a friend before an interview is an excellent idea. If you do this, you should ask your friend to watch particularly for the potential issues listed here

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- You should be prepared to be courteous if the interviewer is attempting to put you at ease
- You should remember that you may need to show social abilities if there is an interviewing panel or if the interview is conducted in a social setting
- You need to keep calm even if you feel provoked in some way during the interview process.
- You should be prepared for an interviewer to ask some unrelated question while you are still answering the previous question