# **COACHING TO NEEDS**



## SOCIAL ENERGY (38/17)

# Sociability, approachability, and preference for group and team participation

Likes to think and work independently and enjoys working alone; and needs to be free from constant social demands and group pressures.

#### PHYSICAL ENERGY (76/41)

# Preferred pace for action and physical expression of energy

Likes to be very active and displays a high energy level; but needs an environment that offers opportunity for reflection as well as stimulating action.

## **EMOTIONAL ENERGY (64/64)**

## Openness and comfort with expressing emotion

Prefers to be sensitive and sympathetic to the feelings of other people; and needs the support of an environment that is genuinely sensitive to people's feelings.

## **SELF-CONSCIOUSNESS (21/14)**

# Use of sensitivity when communicating with others

Prefers to be direct and straightforward and is matter-of-fact; and has a need for people to be frank and candid in return.

#### ASSERTIVENESS (87/75)

## Tendency to speak up and express opinions openly and forcefully

Likes to be self-assertive and actively enjoys supervising and directing others; and needs opportunities for forceful self-expression against a background of firm direction and control.

#### **INSISTENCE (76/42)**

#### Approach to details, structure, follow-through, and routine

Prefers organizing work according to some definite plan and values system and order; but needs to be offered some opportunities for personal initiative as well as organizational support.

#### **INCENTIVES (71/34)**

## Drive for personal rewards or preference to share in group rewards

Prefers to be competitive and resourceful; but nevertheless needs in general assignments which encourage a trusting, team-based approach.

#### RESTLESSNESS (90/6)

# Preference for focusing attention or changing focus and seeking varied activities

Likes to introduce a good deal of variety and novelty into personal routine; but needs a minimum of such change imposed by the environment or by other people.

#### THOUGHT (62/62)

## Decision-making process and concern for consequences in making the right decision

Likes to consider all possible alternatives before committing to a decision; and needs to be offered plenty of time for decisions.