



# Rise To Lead: **SELF-LEADERSHIP**



*Empower individuals to strengthen performance.*

**Investing in your talent is not only crucial for your employees to thrive—it is imperative for your organization to survive.** Ensure your organization's future success by instilling a leadership mindset into every individual in your workforce through effective self-awareness and self-management, which are the keys to developing a strong self-leadership mindset. Maximize short-term productivity as well as long-term engagement and results with ***Rise To Lead: Self-Leadership***.



Targeted towards individual contributors, specialists, and high-potential employees



Develop essential skills across five distinct learning modules, 1.5 to 2 hours each



Engaging reflection questions, activities, and ongoing resources guide the participant's journey



Use a combination of Birkman insights and self-coaching tools to enhance development



Deliver across your organization virtually or in-person



Ready-to-implement employee development workshop

# Invent your future. Own your success.

*Self-Leadership* helps individual contributors develop a confident sense of who they are, what they can do, and where they are going.



## Program Benefits

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The Self-Leadership program contains three distinct areas of learning for participants:

1

By gaining a better understanding of their workplace triggers and stress reactions, participants learn to manage these aspects of their personality for greater effectiveness and accountability. Individuals work towards expanding their self-awareness and maximizing their ability to self-manage—two key pieces of emotional intelligence.

2

Through reflection on their passions, values, and style in the workplace, participants will learn to be intentional about who they are and the impression they make. Exploring their workplace strengths and motivations, individuals will use these insights as the building blocks for creating a strong personal brand.

3

To solidify their learnings, individuals build on the insights discovered throughout the course through an easy-to-use self-coaching model. This gives individuals the opportunity to practice the skills they've developed and effectively coach themselves to be stronger self-leaders.

No matter how talented an individual is in their area of expertise, without critical self-leadership skills they will struggle to transform knowledge into value across the organization. Birkman's *Rise To Lead: Self-Leadership* program leads your individual contributors to increased accountability, greater confidence, and stronger engagement.

